



Neighborhood Info

January 31, 2019

The Shenandoah Police Department has been working with the Montgomery County Hospital District to sponsor a two-part training consisting of easy methods to save a fellow citizen or loved one.

- Each year more than 350,000 people will suffer from sudden cardiac arrest outside of a medical facility.
- Every minute that someone goes without CPR, their chance of survival decreases by as much as 10 percent.
- Nationwide, only about 4 victims out of 10 will receive CPR from a bystander.

Cardiac arrest – an electrical malfunction in the heart that causes an irregular heartbeat (arrhythmia) and disrupts the flow of blood to the brain, lungs and other organs – is a leading cause of death. When a person has a cardiac arrest, survival depends on immediately receiving CPR from someone nearby. CPR, especially if performed immediately, can double or triple a cardiac arrest victim's chance of survival.

The training sessions will be conducted by medical professionals in Council Chambers at the Municipal Building. The training sessions will be about 1.5 hours each starting at 7:00 p.m.

Part 2: Hands-only CPR, Jan. 31, 2019

Join us January 31 for Part 2 . You never know when you may need the skills to save the lives of your friends, loved ones or even a stranger.

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